

What Is Blood Pressure Yahoo Answers

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MEDINFO 2019: Health and Wellbeing e-Networks for All L. Ohno-Machado 2019-11-12 Combining and integrating cross-institutional data remains a challenge for both researchers and those involved in patient care. Patient-generated data can contribute precious information to healthcare professionals by enabling monitoring under normal life conditions and also helping patients play a more active role in their own care. This book presents the proceedings of MEDINFO 2019, the 17th World Congress on Medical and Health Informatics, held in Lyon, France, from 25 to 30 August 2019. The theme of this year's conference was 'Health and Wellbeing: E-Networks for All', stressing the increasing importance of networks in healthcare on the one hand, and the patient-centered perspective on the other. Over 1100 manuscripts were submitted to the conference and, after a thorough review process by at least three reviewers and assessment by a scientific program committee member, 285 papers and 296 posters were accepted, together with 47 podium abstracts, 7 demonstrations, 45 panels, 21 workshops and 9 tutorials. All accepted paper and poster contributions are included in these proceedings. The papers are grouped under four thematic tracks: interpreting health and biomedical data, supporting care delivery, enabling precision medicine and public health, and the human element in medical informatics. The posters are divided into the same four groups. The book presents an overview of state-of-the-art informatics projects from multiple regions of the world; it will be of interest to anyone working in the field of medical informatics.

Diabetes and Hypertension Samy I. McFarlane 2012-10-19 Diabetes and hypertension have evolved as two of the modern day epidemics affecting millions of people around the world. These two common co-morbidities lead to substantial increase in cardiovascular disease, the major cause of morbidity and mortality of adults around the world. In *Diabetes and Hypertension: Evaluation and Management*, a panel of renowned experts address a range of critical topics -- from basic concepts in evaluation and management of diabetes and hypertension, such as dietary interventions, to evaluation and management of secondary hypertension in clinical practice. Other chapters focus on high cardiovascular risk populations such as those with coronary heart disease, chronic kidney disease and minority patients. In addition, evolving concepts and new developments in the field are presented in other chapters, such as prevention of type 2 diabetes and the epidemic of sleep apnea and its implication for diabetes and hypertension evaluation and management. An important title covering two of the most troubling disorders of our time, *Diabetes and Hypertension: Evaluation and Management* will provide the busy practitioner with cutting edge knowledge in the field as well as practical information that can translate into better care provided to the high-risk population of diabetics and hypertensive patients.

Pulmonary Vascular Disease Jess Mandel 2006 Offers a current and comprehensive review of the pathophysiology, diagnosis, and treatment of pulmonary hypertension and venous thromboembolism. Discusses indepth the pharmacologic and non-pharmacologic therapies used in the treatment of pulmonary vascular disease -- including the benefits and risks of each -- allowing for more informed care decisions.

Article Marketing Secrets Exposed Anthony Ekanem 2016-06-06 Of all the ways to make money online, in my opinion, article marketing is the easiest and best way for anybody to make their first dollar. The best part is that without spending any more than the cost of a domain name, you can create a passive income that can bring you money from an article that you wrote years ago. So ask yourself: "Is spending a few minutes writing a 250-word article worth the time if it brings you money still years later?" I thought yes would be the answer. I'm sure you've heard a ton of different opinions on how you should do article marketing and how you should provide the best information possible, write informative articles and give your reader value and so on. Well, what you're about to read is probably going to go against a lot of what you have read, and the article "gurus" are not going to like it....but doing it this way has made me A LOT of money so I don't care if they agree with me or not! I'm going to do it the way it makes money and a way that continues to bring me money day in and day out. If you are willing to put in the time to follow this method, you WILL make money and a good amount of it. What you need to remember is that there is no super highway to making money on the Internet. You MUST stay consistent and motivated even when you get frustrated and feel like things are not going your way. It is those who continue to work and promote their business that will in the end be successful. So, no more pep talks. Let's get right into it.

Osce Skills for Trainees in Medicine Augustine Efedaye Ohwovoriole 2015-09-21 OSCE, the popular technique of examining clinical medical trainees, is now about 40 years old. Its usage has become universal. Whether you are a trainer or a trainee stakeholder in health care, you cannot afford to be ignorant of OSCE. OSCE for Trainees in Medicine will enable you, the trainee to: Prepare for the OSCE in medicine specialties Face the examiners at an OSCE with confidence Professionally and proficiently interact with patients in any setting Enhance your clinical competencies Demystify the OSCE process Love rather than loathe an OSCE If you want to master and tame the OSCE as a trainee and become OSCE- savvy, then this book is a must for you.

The Medical Library Association Guide to Finding Out About Heart Disease Jeanette de Richmond 2013-10-10 Heart disease affects millions of people every year. The MLA Guide to Finding Out About Heart Disease organizes and offers evaluated print and online resources to help readers develop a collection or research specific medical options, incorporating important data and key concepts about risk factors and symptoms of heart disease.

Preventing Alzheimer's Disease National Institutes of Health 2017-02-16 This booklet summarizes what scientists have learned so far and where research is headed. There is no definitive evidence yet about what can prevent Alzheimer's or age-related cognitive decline. What we do know is that a healthy lifestyle-one that includes a healthy diet, physical activity, appropriate weight, and no smoking-can maintain and improve overall health and well-being. Making healthy choices can also lower the risk of certain chronic diseases, like heart disease and diabetes, and scientists are very interested in the possibility that a healthy lifestyle might have a beneficial effect on Alzheimer's as well. In the meantime, as research continues to pinpoint what works to prevent Alzheimer's, people of all ages can benefit from taking positive steps to get and stay healthy.

Political Crises, Social Conflict and Economic Development Andrés Solimano 2005-01-01 Political Crises, Social Conflict and Economic Development is a rare attempt to undertake comparative political economy analysis of the Andean region and thus represents a welcome contribution. . . It is clearly written and will

engage scholars interested in Latin America from a wide range of disciplines. Jonathan di John, *Journal of Agrarian Change* This collection of essays on the political economy of the Andean region goes to the heart of the struggle these smaller economies face in completing crucial reforms and achieving higher growth. Andrés Solimano has brought together the best and the brightest talent from each country, the result being the most compelling analysis ever of how enclave development and a historical dependence on primary exports renders these countries distinctly Andean. As the essays argue, the political solutions and economic remedies must address this phenomenon, rather than mimicking those strategies of the larger emerging market countries in the region. Carol Wise, University of Southern California, US The contributors to this authoritative volume analyze the impact of political crises and social conflict on economic performance in the Andean region of Latin America. The blend of theory and case studies is also relevant for understanding other complex societies in the developing world and transition economies. The book provides illuminating insights on how to understand, and survive, the complicated interactions between volatile politics, unstable democracies, violence, social inequality and uneven economic performance. Recent political economy theories are combined with valuable quantitative and qualitative information on presidential crises, breakdowns of democracy, constitutional reforms, quality of institutions, and social inequality and exclusion to understand actual country realities. Part I provides the conceptual framework and a regional perspective of the book. Part II contains five political economy country studies Bolivia, Colombia, Ecuador, Peru and Venezuela written by leading scholars in the field and former senior policymakers, including a former President. Together, the chapters highlight the detrimental effects of political instability and social conflict on economic growth and stability, as well as the feedback effects from poor economic performance on political instability and institutional fragility. The country studies warn that narrow economic reforms that do not pay adequate attention to politics, institutions and social structures are bound to fail in bringing lasting prosperity and stability to complex societies. Examining new and rich information on episodes of political turmoil, military interventions, forced presidential resignations, constitutional reforms and social uprisings, this book will be required reading for all those interested in the interface of politics and economic development.

Transactions on Engineering Technologies Sio-Iong Ao 2019-10-10 This book contains revised and extended research articles written by prominent researchers, selected from presentations at the International MultiConference of Engineers and Computer Scientists (IMECS 2018) held in Hong Kong, 14-16 March, 2018. Topics covered include engineering physics, communications systems, control theory, automation, engineering mathematics, scientific computing, electrical engineering, and industrial applications. The book gives a snapshot of selected advances in engineering technologies and their applications, and will serve as a useful reference for researchers and graduate students in these fields.

WHO Laboratory Manual for the Examination of Human Semen and Sperm-Cervical Mucus Interaction World Health Organisation 1999-05-13 The definitive and essential source of reference for all laboratories involved in the analysis of human semen.

The Psychosocial Implications of Disney Movies Lauren Dundes 2019-07-11 In this volume of 15 articles, contributors from a wide range of disciplines present their analyses of Disney movies and Disney music, which are mainstays of popular culture. The power of the Disney brand has heightened the need for academics to question whether Disney's films and music function as a tool of the Western elite that shapes the views of those less empowered. Given its global reach, how the Walt Disney Company handles the role of race, gender, and sexuality in social structural inequality merits serious reflection according to a number of the articles in the volume. On the other hand, other authors argue that Disney productions can help individuals cope with difficult situations or embrace progressive thinking. The different approaches to the assessment of Disney films as cultural artifacts also vary according to the theoretical perspectives guiding the interpretation of both overt and latent symbolic meaning in the movies. The authors of the 15 articles encourage readers to engage with the material, showcasing a variety of views about the good, the bad, and the best way forward.

Telemedicine Institute of Medicine 1996-11-08 Telemedicine--the use of information and telecommunications technologies to provide and support health care when distance separates the participants--is receiving increasing attention not only in remote areas where health care access is troublesome but also in urban and suburban locations. Yet the benefits and costs of this blend of medicine and digital technologies must be better demonstrated before today's cautious decisionmakers invest significant funds in its development. Telemedicine presents a framework for evaluating patient care applications of telemedicine. The book identifies managerial, technical, policy, legal, and human factors that must be taken into account in evaluating a telemedicine program. The committee reviews previous efforts to establish evaluation frameworks and reports on results from several completed studies of image transmission, consulting from remote locations, and other telemedicine programs. The committee also examines basic elements of an evaluation and considers relevant issues of quality, accessibility, and cost of health care. Telemedicine will be of immediate interest to anyone with interest in the clinical application of telemedicine.

The High Blood Pressure Solution Richard D. Moore 2001-05-01 • Proves that the majority of cases of stroke, heart attack, and hypertension can easily be prevented by maintaining the proper ratio of potassium to sodium in the diet. • Updated with scientific evidence from a recent Finnish study showing a 60 percent decline in deaths attributed to strokes and heart attacks. • Provides a comprehensive program for balancing body chemistry at the cellular level. High blood pressure is entirely preventable, without reliance on synthetic drugs. Dr. Moore's approach is simple: by maintaining the proper ratio of potassium to sodium in the diet, blood pressure can be regulated at the cellular level, preventing the development of hypertension and the high incidence of strokes and heart attacks associated with it. Dr. Moore updates this edition with a new preface reporting on the latest scientific research in support of his program. The most striking results come from Finland, where for several decades sodium chloride has been replaced nationwide with a commercial sodium/potassium mixture, resulting in a 60 percent decline nationwide in deaths attributed to strokes and heart attacks. Extrapolated to America, the Finnish statistics would mean 360,000 strokes prevented and 96,000 lives saved every year. Dr. Moore makes it clear that high blood pressure is only one symptom of an entire systemic imbalance. He outlines a safe, effective program that focuses on nutrition, weight loss, and exercise to bring the entire body chemistry into balance. For those currently taking blood

pressure medications, he includes a chapter on working with your physician to ensure that any reduction in hypertension drugs can be effected gradually and safely.

Controlling High Blood Through Nutrition, Nutritional Supplements, Lifestyle, and Drugs Mark C. Houston 2021 "In this second edition of the book, Dr. Houston confirms his stature as master of making the complex understandable, of turning worries into easy and practical action items, and in providing a comprehensive guide for health that goes well beyond blood pressure control. This book is for doctors, nutritionists, naturopaths, pharmacists, and most importantly for all the regular people who understand that high blood pressure is the insidious agent most likely to sabotage our health. I cannot think of another book where all the components of blood pressure control are discussed so thoroughly and clearly." - Sergio Fazio, MD, PhD, William and Sonja Connor Chair of Preventive Cardiology, Professor of Medicine, Director of Preventive Cardiology, Knight Cardiovascular Institute Oregon Health & Science University, Portland, OR "Dr. Mark Houston is perhaps the best hypertensive physician expert in the world! He not only brings enormous clinical experience to the table in treating thousands of patients, but also teaches physicians, performs and publishes clinical studies, while writing books for the lay public at the same time. If I had high blood pressure, I would consult with him in a heartbeat! This book is a great place to start for anyone with a family history of hypertension or overt blood pressure issues. Highly recommended!" - Dr. Steve Sinatra, Cardiologist "Dr. Houston offers an evidenced based approach to hypertension. Whether you are a patient or clinician this book contains a step by step approach not available in conventional medical practice. Learn to transform your health through the power of lifestyle medicine." - Mimi Guarneri MD FACC, Pres. Academy Integrative Health and Medicine, Med. Director Guarneri Integrative Health High blood pressure or hypertension is the most common primary diagnosis in the United States and a leading cause of heart attack, heart failure, kidney failure, and stroke. Despite extensive research over the past several decades, the cause of most cases of adult hypertension is still unknown and thought to be genetic. Current methods of controlling blood pressure in the general population need to be improved. Controlling High Blood Pressure through Nutrition, Nutritional Supplements, Lifestyle, and Drugs provides an integrative approach on how to prevent and treat high blood pressure. It includes scientific research, clinical evaluation, and applications which help patients learn easy solutions to implement treatments to prevent and manage hypertension. Key features: Includes recommendations and clinical studies on ideal drugs to reduce blood pressure with fewest side effects and optimal efficacy. Presents a nutrition program for patients to manage high blood pressure and reduce weight which, if followed, helps lower the risk of heart attack, heart failure, stroke, kidney failure, and early death. Provides a comprehensive review of nutritional supplements to improve blood pressure control and reduce cardiovascular disease. Written by leading experts in hypertension and nutrition, this book presents a unique and optimal approach to reducing cardiovascular problems related to high blood pressure, it serves as a guide for both health practitioners and their patients.

Patient Safety and Quality 2008 "Nurses play a vital role in improving the safety and quality of patient care -- not only in the hospital or ambulatory treatment facility, but also of community-based care and the care performed by family members. Nurses need know what proven techniques and interventions they can use to enhance patient outcomes. To address this need, the Agency for Healthcare Research and Quality (AHRQ), with additional funding from the Robert Wood Johnson Foundation, has prepared this comprehensive, 1,400-page, handbook for nurses on patient safety and quality -- Patient Safety and Quality: An Evidence-Based Handbook for Nurses. (AHRQ Publication No. 08-0043)." --Online AHRQ blurb, <http://www.ahrq.gov/qual/nursesbdbk>.

Yoga Journal 2000-07 For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

Artificial Intelligence Applications and Innovations Lazaros Iliadis 2018-05-21 This book constitutes the refereed proceedings of 4 workshops held at the 14th IFIP WG 12.5 International Conference on Artificial Intelligence Applications and Innovations, AIAI 2018, held in Rhodes, Greece, in May 2018. The workshops were the Workshop on Semantics in the Deep: Semantic Analytics for Big Data, SEDSEAL 2018; the Third Workshop on 5G - Putting Intelligence to the Network Edge, 5G-PINE 2018; the 7th Mining Humanistic Data Workshop, MHDW 2018; and the Workshop on Intelligent Cloud and IOT Paradigms in EHealth, HEALTHIOT 2018. The 19 full papers and 5 short papers presented were carefully reviewed and selected from a total of 53 submissions: SEDSEAL accepted 2 full papers out of 5 submissions, 5G-PINE 6 full and one short paper out of 24, MHDW 7 full and 4 short papers out of 15, and HEALTHIOT 4 full papers out of 9. The papers cover topics such as AI in 5G and telecommunications, AI and e-health services, AI in 5G networks, incremental learning, clustering, AI in text mining, visual data analytics, AI in molecular biology, DNA, RNA, proteins, big data analytics, Internet of Things and recommender systems, and AI in biomedical applications.

NORD Guide to Rare Disorders National Organization for Rare Disorders 2003 NORD Guide to Rare Disorders is a comprehensive, practical, authoritative guide to the diagnosis and management of more than 800 rare diseases. The diseases are discussed in a uniform, easy-to-follow format--a brief description, signs and symptoms, etiology, related disorders, epidemiology, standard treatment, investigational treatment, resources, and references. The book includes a complete directory of orphan drugs, a full-color atlas of visual diagnostic signs, and a Master Resource List of support groups and helpful organizations. An index of symptoms and key words offers physicians valuable assistance in finding the information they need quickly.

Quick Quiz Questions Mark Agnew 2013-04-26 Quick Quiz Questions Pub Quiz At Home: Science & Nature Round Quizzes and Quiz shows have always been popular, whether it is Mastermind with Magnus Magnusson, Who Wants To Be A Millionaire with Chris Tarrant or The Weakest Link with Anne Robinson it is clear that people LOVE quizzes. This quiz book is our second in the Pub Quiz At Home series. Inside are 15 quick Science & Nature quizzes of varying degrees of difficulty for example: What is measured with a protractor? Which object is moving half an inch away from the earth every year? Which English scientist discovered oxygen? So how good is your Science & Nature knowledge? Find out with this book, a few friends and a few drinks! Please enjoy this book responsibly. PS. This book comes with Free updates for life! Which means whenever we add new quizzes you will be able to update to the latest edition adding more questions at no extra cost. Can't say better than that for a pound.

Innovation Generation Roberta B. Ness MD, MPH 2012-03-01 Whether you are a student or an established scientist, researcher, or engineer, you can learn to be more innovative. In Innovation Generation, internationally renowned physician and scientist Roberta Ness provides all the tools you need to cast aside your habitual ways of navigating the every-day world and to think "outside the box." Based on an extraordinarily successful program at the University of Texas, this book provides proven techniques to expand your ability to generate original ideas. These tools include analogy, expanding assumptions, pulling questions apart, changing your

point of view, reversing your thinking, and getting the most out of multidisciplinary groups, to name a few. Woven into the discussion are engaging stories of famous scientists who found fresh paths to innovation, including groundbreaking primate scientist Jane Goodall, father of lead research Herb Needleman, and physician Ignaz Semmelweis, whose discovery of infection control saved millions. Finally, the book shows how to combine your newly acquired skills in innovative thinking with the normal process of scientific thinking, so that your new abilities are more than playthings. Innovation will power your science.

Graphic Showbiz Nanabanyin Dadson 2010-08-26

Pre-Incident Indicators of Terrorist Incidents Brent L. Smith 2011-01 This is a print on demand edition of a hard to find publication. Explores whether sufficient data exists to examine the temporal and spatial relationships that existed in terrorist group planning, and if so, could patterns of preparatory conduct be identified? About one-half of the terrorists resided, planned, and prepared for terrorism relatively close to their eventual target. The terrorist groups existed for 1,205 days from the first planning meeting to the date of the actual/planned terrorist incident. The planning process for specific acts began 2-3 months prior to the terrorist incident. This study examined selected terrorist groups/incidents in the U.S. from 1980-2002. It provides for the potential to identify patterns of conduct that might lead to intervention prior to the commission of the actual terrorist incidents. Illustrations.

The Internet and Family Caregivers for Alzheimer's Patients Jiaying Shen 2006 Men's Health 2008-01 Men's Health magazine contains daily tips and articles on fitness, nutrition, relationships, sex, career and lifestyle.

Halki Diabetes Remedy Eric Whitfield 2019-04-21 Halki Diabetes Remedy - How to Reverse Diabetes Naturally

Foundations of Augmented Cognition. Directing the Future of Adaptive Systems Dylan D. Schmorow 2011-06-27 This book constitutes the refereed proceedings of the 6th International Conference on Augmented Cognition, FAC 2011, held in Orlando, FL, USA in July 2011, within the framework of the 14th International Conference on Human-Computer Interaction, HCII 2011, with 11 other thematically similar conferences. The 75 full papers presented were carefully reviewed and selected from numerous submissions. The papers are organized in topical parts on theories, models, and technologies for augmented cognition; neuroscience and brain monitoring; augmented cognition, social computing, and collaboration; augmented cognition for learning; augmented cognition and interaction; and augmented cognition in complex environments.

Healthcare Online For Dummies? Howard Wolinsky 2001-06-15 Healthcare Online For Dummies empowers you to search the vast, sometimes confusing, resources of the Internet and find the medical information you need. The Internet and this book won't replace doctors, but Healthcare Online For Dummies will enable you to become an informed partner with your healthcare provider. This book includes sections on online search techniques, wellness, and major illnesses. An extensive directory of health and medical sites lists many of the best sites the Web has to offer.

Black Man With a Gun Lucky Rosenbloom 2011-02-21 AMERICA'S WORST NIGHTMARE IS AN ARMED BLACK AMERICAN'S WEAPONRY OF EDUCATION. Shooting his ammunition of applied knowledge. The ability to articulate the Black opinion fired through his pen and paper as direct force to protect his family and self from the wicked actions of others. Black Man with a Gun compels Blacks to defend and protect themselves with justified force when confronted with incidents of unfairness. Black males must choose to engage or disengage; protecting yourself / engaging must be done with fully loaded weaponry of immediate, competent, and concise application of your education. One must be prepared to willfully, intentionally, and lawfully engage in political and social issues. The Black male must be prepared with the ammunition of research, courage and perspicacity. Load, reload and fire at will. Let your opinions exit your weapon (brain) with intense force. When giving our opinions or protecting ourselves it's best to fight and lose than kneel in defeat, so sound the trumpet of no retreat. Call and hear how weaponry is put into action at 612.387.4546.

Mayo Clinic 5 Steps to Controlling High Blood Pressure Sheldon G. Sheps 2015-12-04 How to play a vital role in your own health and longevity: A handbook from "one of the most reliable, respected health resources that Americans have" (Publishers Weekly). This easy-to-use guide will help you understand the many issues related to high blood pressure and assist you in preventing it, managing it, and making essential treatment decisions. · Learn which single factor you can do the most about when it comes to influencing your blood pressure. This one step may be all it takes to lower your blood pressure and keep it under control. · How losing as little as 10 pounds may reduce your blood pressure to a healthier level--includes practical help for maintaining a healthier weight. · Discover a great alternative that may lower your blood pressure just about as much as medications--without the expense of prescriptions. · Why your blood pressure goes down if you make your heart stronger--and dozens of tips to realize this goal. · How to manage your sodium intake. · Information about medications for when changes in lifestyle aren't enough and more

Introduction to Electronic Commerce and Social Commerce Efraim Turban 2017-04-23 This is a complete update of the best-selling undergraduate textbook on Electronic Commerce (EC). New to this 4th Edition is the addition of material on Social Commerce (two chapters); a new tutorial on the major EC support technologies, including cloud computing, RFID, and EDI; ten new learning outcomes; and video exercises added to most chapters. Wherever appropriate, material on Social Commerce has been added to existing chapters. Supplementary material includes an Instructor's Manual; Test Bank questions for each chapter; Powerpoint Lecture Notes; and a Companion Website that includes EC support technologies as well as online files. The book is organized into 12 chapters grouped into 6 parts. Part 1 is an Introduction to E-Commerce and E-Marketplaces. Part 2 focuses on EC Applications, while Part 3 looks at Emerging EC Platforms, with two new chapters on Social Commerce and Enterprise Social Networks. Part 4 examines EC Support Services, and Part 5 looks at E-Commerce Strategy and Implementation. Part 6 is a collection of online tutorials on Launching Online Businesses and EC Projects, with tutorials focusing on e-CRM; EC Technology; Business Intelligence, including Data-, Text-, and Web Mining; E-Collaboration; and Competition in Cyberspace. the following=" tutorials=" are=" not=" related=" to=" any=" specific=" chapter=" they=" cover=" the=" essentials=" ec=" technologies=" and=" provide=" a=" guide=" relevant=" resources=" p

Secrets of Longevity Maoshing Ni 2006-05-04 Secrets of Longevity is full of surprising, all-natural ideas for living a longer, healthier life, happier. As a 38th-generation doctor specializing in longevity, Dr. Mao (as he's known to his patients) knows the answers--and they're surprisingly simple and powerful. It's amazing how a little honey in your tea can aid internal healing. Or how taking a walk after dinner each night can reduce the risk of stroke and heart disease. The tips are organized into chapters on diet, healing, environment, exercise, and relationships so you can easily dip into the areas you'd like to address. Marrying wisdom from the East with the latest scientific advances from the West, Secrets of Longevity puts at your fingertips a whole host of ways to make your stay on earth longer, healthier, and much, much happier.

Promoting Independence for Older Persons with Disabilities W.C. Mann 2006-01-17 The papers in this book provide important content related to aging, disability and independence. The focus of these papers is on maintaining independence and active participation in family and community activities. As we age, we face chronic

health conditions that have the potential to negatively impact our independence. By using technology (smart homes, robotics, telehealth, other assistive devices), maintaining our mobility, and preventing injuries we can offset much or all of the disabling effects of chronic health conditions. This publication brings together a mix of individuals focused on aging, disability and independence, including those involved in research and development, professional practice and services, businesses providing products and services, government and policy planners, and end users and beneficiaries of our research, products, services, and policies. The main topics in this publication are Smart Homes; Robotics; Telehealth; Home Modifications and Universal Design; and Assistive Devices and Workplace Adaptations.

100 Questions & Answers about High Blood Pressure (Hypertension) Raymond R. Townsend, M.D. 2007-10-19 100 Questions & Answers About High Blood Pressure (Hypertension) gives you authoritative, practical answers to your questions. Written by an expert on the subject, with insider commentary from actual patients, this book is an invaluable resource for anyone struggling with the medical, psychological, or emotional turmoil of this condition.

Self-Help Support Group Directory Nicole Klem 2006-04

The Wim Hof Method Wim Hof 2020-09-24 STAR OF BBC ONE'S FREEZE THE FEAR 'I've never felt so alive' JOE WICKS 'A fascinating look at Wim's incredible life and method' FEARNE COTTON My hope is to inspire you to retake control of your body and life by unleashing the immense power of the mind. 'The Iceman' Wim Hof shares his remarkable life story and powerful method for supercharging your health and happiness. Refined over forty years and championed by scientists across the globe, you'll learn how to harness three key elements of Cold, Breathing and Mindset to take ownership over your own mind and wellbeing. 'The book will change your life' BEN FOGLE 'Wim is a legend of the power ice has to heal and empower' BEAR GRYLIS

British National Formulary 2002

Medical-surgical Nursing Made Incredibly Easy! 2008 Medical-Surgical Nursing Made Incredibly Easy!, Second Edition, is a practical, informative reference in the entertaining, award-winning Incredibly Easy! style. This thoroughly updated edition covers hundreds of disorders and includes new chapters on end-of-life care and obesity, plus sixteen pages of full-color illustrations, sidebars on evidence-

based practice pointers, and a patient resources appendix. Chapters feature key points summaries, light-hearted headings, and illustrations and are formatted to help readers find information easily. Quick-scan tables, flow charts, key terms, bullets, checklists, graphic logos, and cartoon characters highlight essential information. A bound-in CD-ROM contains over 300 NCLEX®-style questions, plus concept maps and other tools.

Social Computing and Social Media. Communication and Social Communities Gabriele Meiselwitz 2019-07-10 This two-volume set LNCS 11578 and 11579 constitutes the refereed proceedings of the 11th International Conference on Social Computing and Social Media, SCSM 2019, held in July 2019 as part of HCI International 2019 in Orlando, FL, USA. HCII 2019 received a total of 5029 submissions, of which 1275 papers and 209 posters were accepted for publication after a careful reviewing process. The 81 papers presented in these two volumes are organized in topical sections named: Social Media Design and Development, Human Behaviour in Social Media, Social Network Analysis, Community Engagement and Social Participation, Computer Mediated Communication, Healthcare Communities, Social Media in Education, Digital Marketing and Consumer Experience.

Web Information Systems Engineering – WISE 2016 Wojciech Cellary 2016-11-01 This two volume set LNCS 10041 and LNCS 10042 constitutes the proceedings of the 17th International Conference on Web Information Systems Engineering, WISE 2016, held in Shanghai, China, in November 2016. The 39 full papers and 31 short papers presented in these proceedings were carefully reviewed and selected from 233 submissions. The papers cover a wide range of topics such as Social Network Data Analysis; Recommender Systems; Topic Modeling; Data Diversity; Data Similarity; Context-Aware Recommendation; Prediction; Big Data Processing; Cloud Computing; Event Detection; Data Mining; Sentiment Analysis; Ranking in Social Networks; Microblog Data Analysis; Query Processing; Spatial and Temporal Data; Graph Theory; Non-Traditional Environments; and Special Session on Data Quality and Trust in Big Data.

The South Beach Diet Cookbook Arthur Agatston 2004-04-13 A companion to "The South Beach Diet" presents more than two hundred recipes that demonstrate how to eat healthfully without compromising taste, outlining the diet's basic philosophies and sharing personal success stories.